

2025 - JUGGLING AND OBJECT MANIPULATION

TIME

THURSDAY

14:00-14:30

Juggling Warm-up with Cormac Mohally

-Hall C

-All Levels

14:30-16:30

Practice Clinic

Do you have a trick you are working on that you can't crack? Work on the solution with support for jugglers in the room.

-Hall C

-All Levels

17:00-17:30

Whip Cracking

Workshop : Learn the basics in how to Crack a Whip

-Hall B

-All Levels

19:00

Film night - Kerry County Museum Ashe Memorial Hall

TIME

FRIDAY

10:00

Hall Opens & Warm Up

-Hall B

-All Levels

10:30-13:00

All-style Juggling : Liam Wilson

-Hall B

\*Pre-Registration Required\*

-All Levels

13:00-14:00

Beginner Rope Dart : DartStrix

Learn the basics of rope dart manipulation. Suitable for complete beginner

-Hall A

-Beginner

14:00-15:00

Dragon Staff : Mira Ji

Tricks & Transitions

-Hall B

-Beginner & Intermediate

14:30-15:30

Foot Juggling : Selyna Bogino

An introduction to classic foot-juggling for beginners and those who have approached the discipline before.

-Hall A

-All Levels

15:30-16:30

Club Taps : Jonny Moore

Add some surprising moments to your patterns and sequences

-Hall A

-Beginner & Intermediate

16:00-17:00

Hoop Moves : Ingrid O'Beirne

Explore the different ways to join up your favourite on and off body Hoop moves

-Hall B

-All Levels

17:00-18:00

Patterns with Buddies : Jacob Anderson

-Hall A

-All Levels

19:00

Parade begins at 7pm - everyone come to St John's Church Ashe Street and be part of the opening parade!  
8.30pm Heka presented by Gandini Juggling Siamsa Tíre

TIME

SATURDAY

10:00

Hall Opens & Warm Up

-Hall B

-All Levels

10:30-12:30

Gandini Juggling - Sakari Männistö and Kate Boschetti

Pace, Pathways, and Positions Participants will practice through a range of 1- to 5-ball exercises. Basic juggling ability is helpful.

-Aerobics Studio

\*Pre-Registration Required\*

-All Levels

12:30-13:00

Balancing : Steve McGinley

Balance to start the day!

-Hall A

-All Levels

12:30-13:30

Fan Control : Polina Shapkina

The art of controlling and manipulating fans

-Aerobics Studio

-All Levels

13:00-14:00

Rope dart : Strix

Come and learn a short rope dart choreo, focusing on musicality and dance aspects. Pre-requisites : Good slack control, stalls, neck spin/turn, knee/elbow shot. A few rope darts will be available for use/purchase.

-Hall B

-Intermediate & Advanced

13:00-14:00

Hoop Juggling : Aoife Raleigh

Get started with juggling hoops

-Hall B

-All Levels

Dragon Staff for beginners : Mira Ji

Come early to borrow a prop - limited supply.

-Hall A

-Beginner

14:00-15:00

Hinge it, Pinch it, explore it! : Hoop Pixie

Explore intricate hoop movement. Followed by a small intermediate hoop jam for anyone who wants to get involved or show us something cool you've discovered!

-Hall B

-All Levels

Drip Multiplexes : Jonny Moore

Spice up your multiplexes with balls with this technique of dropping upwards.

-Aerobics Studio

-Intermediate

14:30

Circus Siamsa 2025 Siamsa Tíre

15:00-16:00

Poi Skills : Niall Tuohy

Delve into isolations and flower theory.

-Hall A

-Intermediate & Advanced

All-style Juggling : Liam Wilson

-Aerobics Studio

-Intermediate & Advanced

17:30

Circus Siamsa 2025 Siamsa Tíre

TIME

SUNDAY

10:00

Hall Opens & Warm Up

-Hall B

-All Levels

11:00-11:30

Flower Sticks : Steve McGinley

An introduction to Flowersticks

-Hall B

-Beginner

11:30-12:00

Passing Clubs : Steve McGinley

An introduction to passing clubs.

-Hall B

-Beginner

12:00-13:00

Cigar Boxes : Jonny Moore

Learn the basic techniques or add some more advanced tricks to your repertoire.

-Hall B

-All Levels

12:00-13:00

Unicycle : Ria

Drills to learn unicycle from the very beginning.

-Hall B

-Intermediate & Advanced

13:30-14:30

Circus Olympics Opening Sequence Creation

15:00-16:00

Circus Olympics

NATIONAL  
CIRCUS  
FESTIVAL  
IRELAND

